

To Be a Successful College Student

Ben Tobias

A TRIO student recently asked me why we gave the LASSI assessment to new TRIO members. My answer was simple: to see how they learned. To remind those of you who haven't taken the LASSI in awhile, it's designed to gauge what skills students have as they relate to strategic learning. What is strategic learning? It's a planned, systematic approach to success in the classroom. It is, in essence, thinking about thinking. This is known as metacognition.

Metacognition is the "how" of learning; as in "how did you arrive at that answer?" Metacognition deals with the process, rather than the outcome. Students who can successfully think about thinking can alter their learning to match any situation. It's a powerful tool to success in higher education.

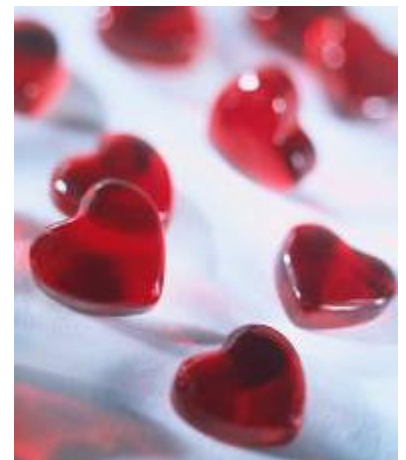
Why is metacognition important? Because life throws us curveballs all the time. Easy answers are hard to come by, if at all. Critical thinking skills are essential to learning. Employers don't want drones, they want workers who can think their way through problems; creatively, systematically, efficiently. Students who successfully access their metacognitive abilities will be able to adapt and improvise when a difficult situation arrives, whether in the classroom or out.

So take a few minutes to decide if you ever think about thinking. Evaluate whether you're taking what you learned from the LASSI and are applying it in the classroom. Think about thinking when you're in the TRIO seminars, or working in the TRIO lab on that next homework assignment or project. Think about how you arrived at the answer. You'll open up a powerful tool that presides in your brain, a tool that will lead you to your ultimate goal as a member of TRIO...a college degree.

Think about it.

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Come see us in B230 for more information on the TRIO Program!

TRIO Student Support Services Presents:
TRIO Scholarships
for the 2006-2007 academic year

Half time students - \$200
(6-8 credit hours)

Three-quarter time students - \$350
(9-11 credit hours)

Full time students - \$500
(more than 12 credit hours)

Eligibility :

- 1. Be receiving Federal Pell grants.**
- 2. Be a member in good standing of TRIO.**
- 3. Have a GPA above 2.6.**
- 4. Be in good academic standing.**
- 5. Demonstrate financial need.**
- 6. Be enrolled for classes in Fall 2006.**

There are a limited number of scholarships available. Please stop in B230 to fill out an application ,or download the application from www.starkstate.edu.



Cultural Enrichment Opportunities

Fire Safety Seminar

February 3rd, 2006

1:00pm to 3:00pm

Emergency Fire Services Building Room F102

Food with presentation to follow

Topics Include:

Fire Behavior

Lifesaving Tips

Hunt for Home Hazards

Home Escape Drill

Sign up in Room
B230 for the
cultural
enrichment
activities



Rock & Roll Hall of Fame

Friday

April 21, 2006

Bus leaves at 9:00am and returns at 5:00pm

Travel and tickets are free, but lunch is not included.



Upcoming Events

Weekly Math Reviews

Every Friday 11:00a.m. to 1:00p.m.

Math Fundamentals Room E214

Intro to Algebra Room E210

College Algebra & Trig Room E202

Spring Semester Seminars

Test Taking Skills Workshop

February 6th—February 9th

10:00 a.m. and 12:00 p.m.



Happy Valentines

TRIO Honor Roll

Student must carry at least 9 credits with a 3.2 or higher GPA for the semester.

Sharon Dourm
Emily Haynam
LaShelle Johnson
Denise Messier
Lisa Nevel
Freda Wengerd
Audra Marthelmeh
Sandy Clay
Shannon davis
Donna Murphy
Sherri Nisly
Kayleigh Scarpitti
Stephanie Melby

SSCT Dean's List

Student must be full time with a 3.5 for the semester.

Kristen Batche
Danielle Ledsome
Sarah Weber
Deanna Mast
Amanda Maynard
Danielle Bowen
Eve Morgan
Desiree Marshall
James Myers II

Welcome New TRIO Students!

Aaron Hopkin	Kathy Moretta
Alex Binder	Kristen Kerr
Alicia Lemasters	LeAndra Hamm
Amanda Maynard	Miranda Carey
Angela Giaquinta	Nakia Jones
Arah Looney	Paul Hankison
Ashley Ward	Paula Dile-Franks
Barbara Esway	Phenicia Thomas
Bobbie Yeager	Raeann Archual
Brittney Perrin	Robert Anderson
Courtney Strickroth	Sharon Dourm
Danette Maynard	Ta'Lasa Calloway
Dean McAbier	Tania Means
Deserae Wells	Teresa Belt
Donna Murphy	Tiffany Harris
Dorothy Mack	Tiffany Mayle
Eddie Williams	Tonya Betz
Eve Morgan	Tonya Moore
Heather Mekain	Turquoise Montgomery
Joseph Monroe	Vickie Fox
Joe Toe	Victoria Schiavone
Karen Brown	Violet Mills
Koretta Broyles	

**TRIO
B230
330-494-6170 ext. 4172**

If you would like to share a success story please stop by B230 and see Liz Jacob at the front desk.



Congratulations!

Two TRIO students will be tutoring in the CAL Lab this semester. Shannon Davis will be a Statistics tutor, and Audra Barthelmeh will tutor Business Computer Applications. Congratulations to both of them!