

#### Have Fun



- Enjoy what you are doing.
- When you are enthusiastic, others will follow suit.
- Choose topics or mold a given topic to your audience and their interests
- Invent time in having fun in the process!



Know Your Audience

- Are they voluntary audience members or involuntary? This makes a BiG difference.
- Understand the unique makeup of your audience so you can craft a listenable message
  - Learn the audiences demographics & physiological attitudes, values, & beliefs
- Continually reflect on your unique audiences needs!



# Get Organized

- Systematically arrange your ideas into a coherent whole.
- Make your message easy to follow. Use LOGICI
- Break information down into an ORAL format.
   Speeches ARE NOT ESSAYS!
- Connect your ideas with connectives, transitions, previews, signposts, & summaries
- ALWAYS make an outline (not an essay)



# Offer Novel Information



- Find NEW and interesting materials.
- Don't give them the "same old, same old..."
- Tell them something they don't know.



Keep
Them
Engaged

- Tell stories. Share personal experiences. Use compelling visual aids. Ask provocative questions. Make intriguing, profound statements.
- Get your audience to make a vested interest in your topic.
- RelateI



Start off on the right foot

- Don't skip the introduction. Rather, NAIL iT (practice it A LOTI)
- Do four things Get attention, preview your topic, establish your cred, and preview your speech
- Be brief. Be creative.



#### Do Your Research

- Competence is 1 of 2 ingredients in the recipe for credibility.
- Conduct relevant, current, and CREDIBLE research!
  - Stay away from .COM & .NET websites.
- When you find information that is relevant, assess its worthiness! If it has no author, DON"T USE IT!
- Don't forget to use PEOPLE. Conduct interviews!

# Bring it Full Circle



- End STRONG. Do not "wing it".
- Reinforce your main points, but don't sound redundant.
- Transition clearly. Let your audience know you are coming to a close.
- If at all possible, find a way to bring your introductory material back into the ending. That brings it "full circle".



#### Manage Your Anxiety

- You are not alone.
  - 80% of people are nervous that they will tremble.
  - 74% are afraid they will draw a blank
  - 64% are afrad they will say something embarrassing
  - 63% are afraid thwy will not be able to actually speak
- Prepare. The better prepared you are, the less anxious you will be.
- Use positive self-talk.
- Find a way to connect early with your audience.



Practice
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- Practice standing up, speaking out loud just as you will when actually giving the speech.
- TAPE YOURSELF! Then, watch yourself. Then, do better.
- Like anything, public speaking takes a lot of time & practice. The more effort you put in to preparing and practicing, the better it will pay off.