

 	CAREER ENHANCEMENT CERTIFICATE SPORTS MASSAGE SPECIALIST	2021 Catalog Effective Summer 2020
	<i>The catalog in force is assigned to students based on the academic year they first applied to the college, and changes only when students change their major or request the change in writing. Refer to Policy No. 3357:15-13-28.</i>	3455

Health and Public Services Division

Therapy & Wellness Programs Department

Course Number	Course Title	Credits	Pre- and Co-Requisites	Completed Sem./Year
BIO121	Anatomy and Physiology I (lab) ^{^▲++}	4	BIO101 or Proficiency	
BIO122	Anatomy and Physiology II (lab) ⁺⁺	4	BIO121 or BIO123	
MAS121	Massage Therapy I ⁺	6		
MAS231	Sports Massage ⁺	2	MAS121	
NTR121	Nutrition for Health ^{^++}	3	IDS102 or Proficiency	
EXS110	Anatomy of Exercise ⁺⁺	3	Co-BIO122 or Co-BIO123 and Co-EXS110L	
EXS110L	Anatomy of Exercise Lab ⁺⁺	1	Co-EXS110	
TOTAL CREDIT HOURS		23		

STUDENT ADVISING NOTES

Academic Advising

Students should make an appointment to see their advisor before registering for classes each semester. They should have prepared a completed registration form, including courses they wish to take, prior to this meeting.

<u>First Semester</u>		<u>Credit Hours</u>	<u>Pre- and Co-requisites</u>
BIO121	Anatomy and Physiology I (lab) ^{^▲++}	4	BIO101 or Proficiency
MAS121	Massage Therapy I ⁺	<u>6</u>	
		10	
<u>Second Semester</u>			
BIO122	Anatomy and Physiology II (lab) ⁺⁺	4	BIO121 or BIO123
NTR121	Nutrition for Health ^{^++}	<u>3</u>	IDS102 or Proficiency
		7	
<u>Third Semester</u>			
MAS231	Sports Massage ⁺	2	MAS121
EXS110	Anatomy of Exercise ⁺⁺	3	Co-BIO122 or Co-BIO123 and Co-EXS110L
EXS110L	Anatomy of Exercise Lab ⁺⁺	<u>1</u>	Co-EXS110
		6	
TOTAL CREDITS		23	

[^]Based on SSC placement scores.

⁺Minimum grade of "B" required.

⁺⁺Minimum grade of "C" required.

[▲]Because of strong emphasis on science in this major, applicants must have successfully completed Chemistry and Biology in high school. Students who did not complete the courses in high school, and those who prefer to refresh their knowledge of the material, should complete the listed pre-requisites.

Application criteria requires a "C" or better in BIO101 or HS BIO to apply to the Massage program.

Minimum grade of "C" in all other courses in the program curriculum is required.

Minimum grade of "B" in all MAS technical courses in the program curriculum is required.