



REACH OUT

community resources

student support services

Elizabeth Inkinen Schehl
330-494-6170 ext. 4219
eschehl@starkstate.edu

Caryn Griffin
330-494-6170 ext. 5387
cgriffin@starkstate.edu

Jeffrey Leon
330-494-6170 ext. 4847
jleon@starkstate.edu

starkstate.edu/counseling-support-services

reach out app

Someday you may need to reach out for help for a friend, loved one or for yourself.

Be prepared. Stark State's Reach Out app provides quick access to support and resources such as crisis hotlines, guidelines for helping a friend in need, coping skills and services offered on campus and in the community.



search terms
Stark State Reach Out

Spartan cupboard

Filled with grab-and-go snacks, mental health and stress management information and more. Look for them around campus.

main B, G, K, S buildings
SSC Akron Atrium, 3rd floor

health insurance

Healthcare Marketplace
healthcare.gov

basic needs

The most comprehensive list of available resources is from United Way 2-1-1. Connect by dialing 2-1-1 on any phone or text your zip code to 898-211 or visit the individual county websites.

Stark uwstark.org
Summit uwsummit.org
Portage uwportage.org
Wayne/Holmes uwwh.org

homeless hotline

Stark 330-452-4363
Summit 330-615-0577

internet/computer

PCs for People

Affordable computers and low-cost internet.

- + refurbished desktop and laptop computers
- + low-cost mobile internet
- + affordable computer repair

pcsforspeople.org/get-technology

food pantry

Stark County Hunger Task Force
starkhunger.org

Akron Canton Food Bank
akroncantonfoodbank.org

Student Serving Student Food Pantry

Food pantry services available on campus. Contact Student Support Services for pantry hours and assistance.

Main G103
SSC Akron atrium



Stark State
COLLEGE

REACH OUT

mental health/crisis support

mental health/counseling options

Coleman Professional Services

colemanservices.org

400 W. Tuscarawas St., Canton

offering walk-in or call-in clinic hours

weekdays 9 am - 2 pm

330-438-2400

525 East Market, Akron

offering walk-in clinic hours

Monday/Tuesday/Thursday

8 am - noon

330-379-0667

OhioGuidestone

ohioguidestone.org

401 W. Tuscarawas St., Canton

Suite 501

440-260-6466

3094 West Market St., Fairlawn

Suites 103, 105 and 110

440-260-2916

CommQuest Services, Inc.

commquest.org

625 Cleveland Ave. NW, Canton

330-455-0347

Greenleaf Family Center

greenleafctr.org

580 Grant St., Akron

call for an appointment

330-376-9494

1-800-277-9494

Portage Path Behavioral Health

portagepath.org

call for an appointment

Akron 330-253-3199

Barberton 330-745-0081

Cuyahoga Falls 330-928-2324

Minority Behavioral Health Group

mbhg.org

1293 Copley Rd., Akron

330-374-1199

crisis resources

Suicide Prevention Lifeline

24/7 free and confidential support for people in distress, prevention and crisis resources

1-800-273-TALK (8255)

Veterans Crisis Line

veteranscrisisline.net

text: 838255

1-800-273- 8255 press 1

Crisis Text Line

24/7 support for issues related to coronavirus, anxiety, emotional abuse, depression, suicide, school, relationships, etc.

text: 4 HOPE to 741-741

Ohio Careline

toll-free and confidential

1-800-720-9616

Trans Lifeline

translifeline.org

provides direct emotional and financial support to trans people in crisis - for the trans community, by the trans community.

877-565-8860

Trevor Lifeline

thetrevorproject.org

24/7 free and confidential support for LGBTQIA+

text: "START" to 678-678

1-866-488-7386

domestic violence/rape crisis resources

Stark County Domestic Violence Hotline

330-453-SAFE (7233)

Stark County Rape Crisis Hotline

330-452-1111

Hope and Healing Survivor Resource Center

hopeandhealingresources.org

974 East Market St., Akron

info-rcc@scmcbws.org

Summit County Rape Crisis Hotline

330-434-7273

Summit County Domestic Violence Hotline

330-374-1111