

# REACH OUT community resources

#### student support services

**Elizabeth Inkinen Schehl** 

330-494-6170 ext. 4219 eschehl@starkstate.edu

**Caryn Griffin** 

330-494-6170 ext. 5387 cgriffin@starkstate.edu

starkstate.edu/counseling-support-services

#### reach out app

Someday you may need to reach out for help for a friend, loved one or for yourself.

Be prepared. Stark State's Reach Out app provides quick access to support and resources such as crisis hotlines, guidelines for helping a friend in need, coping skills and services offered on campus and in the community.





search terms Stark State Reach Out

### Spartan cupboard

Filled with grab-and-go snacks, mental health and stress management information and more. Look for them around campus.

**main** B, G, K, S buildings **SSC Akron** Atrium, 3rd floor

#### food insecurity

Stark County Hunger Task Force starkhunger.org

Akron Canton Food Bank akroncantonfoodbank.org

#### health insurance

Healthcare Marketplace healthcare.gov

Medicaid Ohio www.medicaid.ohio.gov/

#### general support

#### **Victim's Assistance Program**

VAP empowers our community to restore lives impacted by crisis, violence, and tragedy.

24-hour Crisis and text hotline 330-376-0040

24hour website chat https://victimassistanceprogram.org/

#### basic needs

**Stark** https://www.starkhelpcentral.com/ **Summit** uwsummit.org // 211summit.org

call 211 on any phone or text your zipcode to 898-211

Portage uwportage.org
Wayne/Holmes uwwh.org

Ohio https://www.benefits.ohio.gov/

#### homeless hotline

**Stark** 330-452-4363 **Summit** 330-615-0577

#### internet/computer

#### **PCs for People**

Affordable computers and low-cost internet.

- + reburbished desktop and laptop computers
- + low-cost mobile internet
- + affordable computer repair

pcsforpeople.org/get-technology

#### **Get ConnectED with Stark Library**

Each Get ConnectED kit includes a WiFi Hotspot, Internet, and a Chromebook that you can check out for the semester—just like a library book!

#### Contact

mdelcorsco@starklibrary.org

#### legal assistance

#### **Community Legal Aid (Civil Issues)**

Apply for Assistance 24/7

www.communitylegalaid.org/apply

Legal Aid Hotline: 1-800-998-9454

Reentry Clinic - University of Akron

Free Expungement/COE Clinical

Free Expungement/CQE Clinics

330-972-7751

Ohio Governor's Expedited Pardon Project https://www.ohioexpeditedpardon.org/



# REACH OUT mental health/crisis support

## mental health/counseling options

#### **Coleman Professional Services**

colemanservices.org

400 W. Tuscarawas St., Canton offering walk-in or call-in clinic hours weekdays 9 am - 2 pm 330-438-2400

1815 W. Market St. 3rd Floor, Akron offering walk-in clinic hours
Monday/Tuesday/Thursday
8 am - noon
330-379-0667

#### **OhioGuidestone**

ohioguidestone.org 401 W. Tuscarawas St., Canton Suite 501 440-260-6466

3094 West Market St., Fairlawn Suites 103, 105 and 110 440-260-2916

#### CommQuest Services, Inc.

commquest.org 625 Cleveland Ave. NW, Canton 330-455-0347

#### **Greenleaf Family Center**

greenleafctr.org
580 Grant St., Akron
call for an appointment
330-376-9494
1-800-277-9494

#### **Portage Path Behavioral Health**

portagepath.org

call for an appointment
Akron 330-253-3199
Barberton 330-745-0081
Cuyahoga Falls 330-928-2324

# **Minority Behavioral Health Group**

mbhg.org 1293 Copley Rd., Akron 330-374-1199

#### crisis resources

#### **Mental Health Crisis Line:**

call or text 9-8-8 chat available at 988lifeline.org

#### **Suicide Prevention Lifeline**

24/7 free and confidential support for people in distress, prevention and crisis resources 1-800-273-TALK (8255)

#### **Veterans Crisis Line**

veteranscrisisline.net

text: 838255 toll free 1-800-273- 8255 press 1

#### **Crisis Text Line**

24/7 support for issues related to coronavirus, anxiety, emotional abuse, depression, suicide, school, relationships, etc. text: 4 HOPE to 741-741

#### **Ohio Careline**

toll-free and confidential 1-800-720-9616

#### **Trans Lifeline**

translifeline.org

provides direct emotional and financial support to trans people in crisis - for the trans community, by the trans community. 877-565-8860

#### **Trevor Lifeline**

thetrevorproject.org
24/7 free and confidential support for LGBTQIA+
text: "START" to 678-678
1-866-488-7386

## domestic violence/rape crisis resources

**Stark County Domestic Violence Hotline** 330-453-SAFE (7233)

# Stark County Rape Crisis Hotline 330-452-1111

Hope and Healing Survivor Resource Center

hopeandhealingresources.org 974 East Market St., Akron info-rcc@scmcbws.org

# **Summit County Rape Crisis Hotline**

330-434-7273

# Summit County Domestic Violence Hotline

330-374-1111