



## ASSOCIATE OF APPLIED SCIENCE

### AAS MASSAGE THERAPY – FALL START

*The catalog in force is assigned to students based on the academic year they first applied to the college, and changes only when students change their major or request the change in writing. Refer to Policy No. 3357:15-13-28.*

**2024-25 Catalog**

Effective Summer 2024

**3453**

**Pre-3454**

*Health and Public Services Division*

*Therapy & Wellness Programs Department*

TECHNICAL Course Number	Course Title	Credits	Pre- and Co-Requisites	Completed Sem./Year
MAS121	Massage Therapy I	5		
MAS122	Massage Therapy II	2	MAS121 and MAS123	
MAS123	Massage Therapy Anatomy and Physiology I	3		
MAS124	Massage Therapy Anatomy and Physiology II★	3	MAS123 and Pre-Co-BIO122 or BIO123	
MAS223	Massage Therapy Review	3	(BIO122 or BIO123) and Pre-Co-MAS226	
MAS224	Massage Therapy III	2	MAS121	
MAS225	Massage Therapy IV	2	MAS121	
MAS226	Massage Therapy V	3	MAS124 and MAS225	
MAS227	Massage Therapy Procedures	2	MAS121	
MAS228	Professional Practice and Evaluation	1	MAS122	
MAS229	Clinic Operations	2	MAS225	
MAS231	Sports Massage	2	MAS121	
<b>TOTAL</b>		<b>30</b>		
NON-TECH Course Number	Course Title	Credits	Pre- and Co-Requisites	Completed Sem./Year
SSC101	Student Success Seminar^^	1	<i>Take first semester</i>	
BIO123	Principles of Human Structure and Function#	5	BIO101 or Proficiency	
BIO125	Medical Terminology	3		
ENG124	College Composition^	3	Co-ENG024 or Co-ENG011 or Proficiency	
GER121	Introduction to Gerontology	3		
MTH105 or MTH124 or MTH125	Math for Allied Health ^ or Statistics^ Ω or College Algebra Ω	3 or 3 or 4	<i>Check for prerequisites</i>	
NTR121	Nutrition for Health^	3	IDS102 or Proficiency	
PHL122	Ethics	3		
PSY222	Psychological Aspects of Therapy^	3	IDS102 or Proficiency	
EXS110	Anatomy of Exercise	3	Co-BIO122 or Co-BIO123 and Co-EXS110L	
EXS110L	Anatomy of Exercise Lab	1	Co-EXS110	
<b>TOTAL</b>		<b>31-32</b>		
<b>TOTAL CREDIT HOURS</b>		<b>61-62</b>		

^Based on SSC placement scores

^^To promote student success, this course must be taken in the first semester.

# BIO121 and BIO122 can be substituted for BIO123.

★Indicates only offered as Web 3.

▲ Because of strong emphasis on science in this major, applicants must have successfully completed Chemistry and Biology in high school. Students who did not complete the courses in high school, and those who prefer to refresh their knowledge of the material, should complete the listed pre-requisites.

Ω MTH125 College Algebra or MTH124 Statistics should only be taken by students planning to transfer to a four-year institution.

@Application criteria requires a "C" or better in BIO101 or HS BIO to apply to the Massage program.

*Minimum grade of "C" in all non-technical courses in the program curriculum is required.*

*Minimum grade of "B" in all MAS technical courses in the program curriculum is required.*

*This program requires an application (separate from the College). Please see your advisor to discuss the application process.*

## FULL-TIME STUDENT ADVISING NOTES

Academic Advising

Students should make an appointment to see their advisor before registering for classes each semester. They should have prepared a completed registration form, including courses they wish to take, prior to this meeting.

Course Sequence

The semester-by-semester listing below provides the normal scheduling option for full-time associate degree students who plan to finish in two years.

<u>Fall Semester</u>		<u>Credit Hours</u>	<u>Pre- and Co-requisites</u>
SSC101	Student Success Seminar^^	1	<i>Take first semester</i>
BIO123	Principles of Human Structure and Function#	5	BIO101 <b>or</b> Proficiency
MAS121	Massage Therapy I	5	
MAS123	Massage Therapy Anatomy and Physiology I	<u>3</u>	
		<b>14</b>	
<u>Spring Semester</u>			
ENG124	College Composition^	3	Co-ENG024 <b>or</b> Co-ENG011 <b>or</b> Proficiency
MAS122	Massage Therapy II	2	MAS121 <b>and</b> MAS123
MAS124	Massage Therapy Anatomy and Physiology II★	3	MAS123 <b>and</b> Pre-Co-BIO122 <b>or</b> BIO123
MAS224	Massage Therapy III	2	MAS121
MTH105	Math for Allied Health ^	3	
<b>or</b>	<b>or</b>	<b>or</b>	
MTH124	Statistics^ Ω	3	<i>Check for prerequisites</i>
<b>or</b>	<b>or</b>	<b>or</b>	
MTH125	College Algebra Ω	<u>4</u>	
		<b>13-14</b>	
<u>Summer Semester</u>			
BIO125	Medical Terminology	3	
MAS225	Massage Therapy IV	2	MAS121
MAS228	Professional Practice and Evaluation	1	MAS122
PSY222	Psychological Aspects of Therapy^	<u>3</u>	IDS102 <b>or</b> Proficiency
		<b>9</b>	
<u>Fall Semester</u>			
MAS223	Massage Therapy Review	3	(BIO122 or BIO123) <b>and</b> Pre-Co-MAS226
MAS226	Massage Therapy V	3	MAS124 <b>and</b> MAS225
MAS227	Massage Therapy Procedures	2	MAS121
MAS229	Clinic Operations	2	MAS225
MAS231	Sports Massage	<u>2</u>	MAS121
		<b>12</b>	
<u>Spring Semester</u>			
EXS110	Anatomy of Exercise	3	Co-BIO122 <b>or</b> Co-BIO123 <b>and</b> Co-EXS110L
EXS101L	Anatomy of Exercise Lab	1	Co-EXS110
GER121	Introduction to Gerontology	3	
NTR121	Nutrition for Health^	3	IDS102 <b>or</b> Proficiency
PHL122	Ethics	<u>3</u>	
		<b>13</b>	
	<b>TOTAL CREDITS</b>	<b>61-62</b>	

See page one for footnotes