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|   | ASSOCIATE OF APPLIED SCIENCE AAS MASSAGE THERAPY – SPRING START <i>The catalog in force is assigned to students based on the academic year they first applied to the college, and changes only when students change their major or request the change in writing. Refer to Policy No. 3357:15-13-28.</i> | 2025-26 Catalog Effective Summer 2025 3453 Pre-3454 |
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Health and Public Services Division

Therapy & Wellness Programs Department

| TECHNICAL Course Number | Course Title | Credits | Pre- and Co-Requisites | Completed Sem./Year |
|--|--|---------------------------------------|---|------------------------|
| MAS121 | Massage Therapy I | 5 | | |
| MAS122 | Massage Therapy II | 2 | MAS121 and MAS123 | |
| MAS123 | Massage Therapy Anatomy and Physiology I | 3 | | |
| MAS124 | Massage Therapy Anatomy and Physiology II★ | 3 | MAS123 and Pre-Co-BIO122 or BIO123 | |
| MAS223 | Massage Therapy Review | 3 | (BIO122 or BIO123) and Pre-Co-MAS226 | |
| MAS224 | Massage Therapy III | 2 | MAS121 | |
| MAS225 | Massage Therapy IV | 2 | MAS121 | |
| MAS226 | Massage Therapy V | 3 | MAS124 and MAS225 | |
| MAS227 | Massage Therapy Procedures | 2 | MAS121 | |
| MAS228 | Professional Practice and Evaluation | 1 | MAS122 | |
| MAS229 | Clinic Operations | 2 | MAS225 | |
| MAS231 | Sports Massage | 2 | MAS121 | |
| TOTAL | | 30 | | |
| NON-TECH Course Number | Course Title | Credits | Pre- and Co-Requisites | Completed Sem./Year |
| SSC101 | Student Success Seminar^^ | 1 | <i>Take first semester</i> | |
| BIO123 | Principles of Human Structure and Function# | 5 | BIO101 or Proficiency | |
| BIO125 | Medical Terminology | 3 | | |
| ENG124 | College Composition^ | 3 | Co-ENG024 or Co-ENG011 or Proficiency | |
| GER121 | Introduction to Gerontology | 3 | | |
| MTH105 or MTH124 or MTH125 | Math for Allied Health ^ or Statistics^ Ω or College Algebra Ω | 3 or 3 or 4 | <i>Check for prerequisites</i> | |
| NTR121 | Nutrition for Health^ | 3 | IDS102 or Proficiency | |
| PHL122 | Ethics | 3 | | |
| PSY222 | Psychological Aspects of Therapy^ | 3 | IDS102 or Proficiency | |
| EXS110 | Anatomy of Exercise | 3 | Co-BIO122 or Co-BIO123 and Co-EXS110L | |
| EXS110L | Anatomy of Exercise Lab | 1 | Co-EXS110 | |
| TOTAL | | 31-32 | | |
| TOTAL CREDIT HOURS | | 61-62 | | |

^Based on SSC placement scores

^^To promote student success, this course should be taken in the first semester.

BIO121 and BIO122 can be substituted for BIO123.

★Indicates only offered as Web 3.

^ Because of strong emphasis on science in this major, applicants must have successfully completed Chemistry and Biology in high school. Students who did not complete the courses in high school, and those who prefer to refresh their knowledge of the material, should complete the listed pre-requisites.

Ω MTH125 College Algebra or MTH124 Statistics should only be taken by students planning to transfer to a four-year institution.

@Application criteria requires a "C" or better in BIO101 or HS BIO to apply to the Massage program

Minimum grade of "C" in all non-technical courses in the program curriculum is required.

Minimum grade of "B" in all MAS technical courses in the program curriculum is required.

This program requires an application (separate from the College). Please see your advisor to discuss the application process.

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| 2025-26 Catalog Effective Summer 2025 | AAS MESSAGE THERAPY – SPRING START | 3453 |
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FULL-TIME STUDENT ADVISING NOTES

Academic Advising

Students should make an appointment to see their advisor before registering for classes each semester. They should have prepared a completed registration form, including courses they wish to take, prior to this meeting.

Course Sequence

The semester-by-semester listing below provides the normal scheduling option for full-time associate degree students who plan to finish in two years.

| <u>Spring Semester</u> | | <u>Credit Hours</u> | <u>Pre- and Co-requisites</u> |
|------------------------|---|---------------------|---|
| SSC101 | Student Success Seminar^^ | 1 | <i>Take first semester</i> |
| BIO123 | Principles of Human Structure and Function# | 5 | BIO101 or Proficiency |
| MAS121 | Massage Therapy I | 5 | |
| MAS123 | Massage Therapy Anatomy and Physiology I | <u>3</u> | |
| | | 14 | |
| <u>Summer Semester</u> | | | |
| ENG124 | College Composition^ | 3 | Co-ENG024 or Co-ENG011 or Proficiency |
| MAS122 | Massage Therapy II | 2 | MAS121 and MAS123 |
| PSY222 | Psychological Aspects of Therapy^ | <u>3</u> | IDS102 or Proficiency |
| | | 8 | |
| <u>Fall Semester</u> | | | |
| MAS124 | Massage Therapy Anatomy and Physiology II★ | 3 | MAS123 and Pre-Co-BIO122 or BIO123 |
| MAS224 | Massage Therapy III | 2 | MAS121 |
| MAS225 | Massage Therapy IV | 2 | MAS121 |
| MAS227 | Massage Therapy Procedures | 2 | MAS121 |
| MAS228 | Professional Practice and Evaluation | 1 | MAS122 |
| MAS231 | Sports Massage | 2 | MAS121 |
| MTH105 | Math for Allied Health ^ | 3 | |
| or | or | or | |
| MTH124 | Statistics^ Ω | 3 | <i>Check for prerequisites</i> |
| or | or | or | |
| MTH125 | College Algebra Ω | <u>4</u> | |
| | | 15/16 | |
| <u>Spring Semester</u> | | | |
| EXS110 | Anatomy of Exercise | 3 | Co-BIO122 or Co-BIO123 and Co-EXS110L |
| EXS110L | Anatomy of Exercise Lab | 1 | Co-EXS110 |
| GER121 | Introduction to Gerontology | 3 | |
| MAS223 | Massage Therapy Review | 3 | (BIO122 or BIO123) and Pre-Co-MAS226 |
| MAS226 | Massage Therapy V | 3 | MAS124 and MAS225 |
| MAS229 | Clinic Operations | <u>2</u> | MAS225 |
| | | 15 | |
| <u>Summer</u> | | | |
| BIO125 | Medical Terminology | 3 | |
| NTR121 | Nutrition for Health^ | 3 | IDS102 or Proficiency |
| PHL122 | Ethics | <u>3</u> | |
| | | 9 | |
| TOTAL CREDITS | | 61-62 | |

See page one for footnotes