

 	CAREER ENHANCEMENT CERTIFICATE SPORTS MASSAGE SPECIALIST <i>The catalog in force is assigned to students based on the academic year they first applied to the college, and changes only when students change their major or request the change in writing. Refer to Policy No. 3357:15-13-28.</i>	2025-26 Catalog Effective Summer 2025 <div style="font-size: 2em; font-weight: bold;">3455</div>
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Health and Public Services Division

Therapy & Wellness Programs Department

Course Number	Course Title	Credits	Pre- and Co-Requisites	Completed Sem./Year
BIO123	Principles of Human Structure and Function#++	5	BIO101 or Proficiency	
MAS121	Massage Therapy I+	5		
MAS231	Sports Massage+	2	MAS121	
NTR121	Nutrition for Health^++	3	IDS102 or Proficiency	
PHL122	Ethics++	3		
EXS110	Anatomy of Exercise++	3	Co-BIO122 or Co-BIO123 and Co-EXS110L	
EXS110L	Anatomy of Exercise Lab++	1	Co-EXS110	
TOTAL CREDIT HOURS		22		

STUDENT ADVISING NOTES

Academic Advising

Students should make an appointment to see their advisor before registering for classes each semester. They should have prepared a completed registration form, including courses they wish to take, prior to this meeting.

First Semester

		<u>Credit Hours</u>	<u>Pre- and Co-requisites</u>
BIO123	Principles of Human Structure and Function#++	5	BIO101 or Proficiency
PHL122	Ethics++	3	
MAS121	Massage Therapy I+	<u>5</u>	
		13	

Second Semester

EXS110	Anatomy of Exercise++	3	Co-BIO122 or Co-BIO123 and Co-EXS110L
EXS110L	Anatomy of Exercise Lab++	1	Co-EXS110
MAS231	Sports Massage+	2	MAS121
NTR121	Nutrition for Health^++	<u>3</u>	IDS102 or Proficiency
		9	
TOTAL CREDITS		22	

^Based on SSC placement scores.

+Minimum grade of "B" required.

++Minimum grade of "C" required.

BIO121 and BIO122 can be substituted for BIO123.

▲ Because of strong emphasis on science in this major, applicants must have successfully completed Chemistry and Biology in high school.

Students who did not complete the courses in high school, and those who prefer to refresh their knowledge of the material, should complete the listed pre-requisites.

@Application criteria requires a "C" or better in BIO101 or HS BIO to apply to the Massage program

The classes in this certificate also apply toward the completion of an Associate of Applied Science in Massage Therapy (3453).

