



STARK STATE COLLEGE

GENERAL SYLLABUS

Course Information

Course Name: Life Cycle Nutrition
Course Number: DTR122

Required Materials

Textbook(s): Brown, Judith. Nutrition Through the Life Cycle, 8th Edition, Wadsworth, Cengage Learning. (2023).
Required Readings: None additional
Additional Materials: MindTap access is required; calculator

Course Outline/Calendar

The date of coverage and order of coverage may be modified based on the faculty member and events beyond the control of faculty members that interfere with class times and teaching.

Week	Chapter/Topic/Lab
Week 1	Introduction Ch. 1 – Nutrition Basics
Week 2	Preconception Nutrition: Ch. 2 Preconception Nutrition: Conditions and Interventions: Ch. 3
Week 3	Nutrition During Pregnancy: Ch. 4
Week 4	Nutrition During Pregnancy: Conditions and Interventions: Ch. 5
Week 5	Nutrition During Lactation: Ch. 6
Week 6	Nutrition During Lactation: Conditions and Interventions: Ch. 7
Week 7	Infant Nutrition: Ch. 8
Week 8	Infant Nutrition: Conditions and Interventions: Ch. 9
Week 9	Toddler and Preschooler Nutrition: Ch. 10 Toddler and Preschooler Nutrition: Conditions and Interventions: Ch. 11
Week 10	Child and Preadolescent Nutrition: Ch.12 Child and Preadolescent Nutrition: Conditions and Interventions: Ch. 13
Week 11	Adolescent Nutrition: Ch. 14

Week	Chapter/Topic/Lab
Week 12	Adolescent Nutrition: Conditions and Interventions: Ch. 15
Week 13	Adult Nutrition: Ch. 16 Adult Nutrition: Conditions and Interventions: Ch. 17
Week 14	Nutritionand Older Adults: Ch. 18 Nutritionand Older Adults: Conditions and Interventions: Ch. 19
Week 15	Life Cycle Case Studies
Week 16	Final