



# STARK STATE COLLEGE

## GENERAL SYLLABUS

### Course Information

**Course Name:** Medical Nutrition Therapy I  
**Course Number:** DTR235

### Required Materials

**Textbook(s):** \*Purchase Cengage Unlimited. You may rent a hard copy of the text for \$9.99.  
Nelms, Marcia and Roberts, Kristen. (2026). Nutrition Therapy and Pathophysiology, 5<sup>th</sup> edition

**Required Readings:** Revised 2024 Scope and Standards of Practice for the Registered Dietitian Nutritionist.  
Commission on Dietetic Registration Scope and Standards of Practice Task Force.  
[https://www.cdrnet.org/vault/2459/web/Scope%20Standards%20of%20Practice%202024%20NDR\\_FINAL.pdf](https://www.cdrnet.org/vault/2459/web/Scope%20Standards%20of%20Practice%202024%20NDR_FINAL.pdf)

### Additional Materials:

- Must be a student member of Academy of Nutrition and Dietetics.
- Pamela Charney, PhD, RD; Ainsley Malone, MS, RD, LD, CNSC, FAND. (2022)**Academy of Nutrition and Dietetics Pocket Guide to Nutrition Assessment**, 4th Ed.(To be used throughout the course as reference for assignments.)
- **EHR Go!** Academic Semester Subscription (purchase from SSC bookstore)
- Basic calculator

### Course Outline/Calendar

The date of coverage and order of coverage may be modified based on the faculty member and events beyond the control of faculty members that interfere with class times and teaching.

Week	Chapter/Topic/Lab
Week 1	Review Resources Chapter 1: Role of the Dietitian/DTR
Week 2	Chapter 2: The Nutrition Care Process and Documentation Chapter 3: Nutrition Assessment: Foundation of the Nutrition Care Process (begin)
Week 3	Chapter 3: Nutrition Assessment Chapter 4: Nutrition Intervention and Nutrition Monitoring and Evaluation (begin)
Week 4	Chapter 4: Nutrition Intervention and Nutrition Monitoring and Evaluation

<b>Week</b>	<b>Chapter/Topic/Lab</b>
Week 5	Chapter 8: Cellular and Physiological Response to Injury: The Role of the Immune System (pp. 213-217) Nutrition Intervention and Counseling/Communication Competence
Week 6	Chapter 6: Fluid and Electrolyte Balance Chapter 7: Acid-Base Balance Review project guidelines
Week 7	Chapter 9: Pharmacology Chapter 10: Diseases and Disorders of Energy Imbalance
Week 8	Chapter 10: Diseases and Disorders of Energy Imbalance
Week 9	Chapter 11: Diseases of the Cardiovascular System
Week 10	Chapter 11: Diseases of the Cardiovascular System
Week 11	Chapter 15: Diseases of the Endocrine System
Week 12	Chapter 15: Diseases of the Endocrine System
Week 13	Chapter 12: Diseases of the Upper GI Tract
Week 14	Chapter 12: Diseases of the Upper GI Tract
Week 15	Special Nutrition Project Topics Discussions
Week 16	Appointments with students, as needed.