



STARK STATE COLLEGE

GENERAL SYLLABUS

Course Information

Course Name: Massage Therapy II
Course Number: MAS122

Required Materials

Textbook(s): Biel, A. (2019). *Trail guide to the body and student workbook* (6th ed.). Books of Discovery.
Required Readings: See weekly calendar below.
Additional Materials: Additional materials include: a bottle of lotion, oil, or cream-approximately \$15 and can be purchased at Stark State College store. This will be used weekly in lab.

Course Outline/Calendar

The date of coverage and order of coverage may be modified based on the faculty member and events beyond the control of faculty members that interfere with class times and teaching.

Week	Chapter/Topic/Lab
Week 1	Trail Guide Intro and Chapter 1-Navigating the Body Workbook Chapter 1 Hands-on – Massage
Week 2	Trail Guide Chapter 1 Trail Guide Chapter 2-Shoulder and Arm Hands-on – Massage
Week 3	Trail Guide Chapter 2 Workbook Chapter 2 Hands-on – Massage
Week 4	Trail Guide Chapter 2 Hands-on – Massage
Week 5	Trail Guide Chapter 3-Forearm and Hand Workbook Chapter 3 Hands-on – Massage

Week	Chapter/Topic/Lab
Week 6	Trail Guide Chapter 3 Hands-on Massage
Week 7	Trail Guide Chapter 3 continued Hands-on Massage
Week 8	Practical Review Practical Final