



STARK STATE COLLEGE

GENERAL SYLLABUS

Course Information

Course Name: Massage Therapy Anatomy and Physiology I
Course Number: MAS123

Required Materials

Textbook(s): Archer, P., & Nelson, L. (2021). *Applied anatomy and physiology for manual therapists and review guide* (2nd ed.). Books of Discovery.

Required Readings: See weekly calendar below.

Additional Materials: No additional materials required

Course Outline/Calendar

The date of coverage and order of coverage may be modified based on the faculty member and events beyond the control of faculty members that interfere with class times and teaching.

Week	Chapter/Topic/Lab
Week 1	Lecture- introduction, syllabi, chapter 1 Lab-chapter 5- appendicular vs axial, bone types, surface markings, axial bones and landmarks Lecture-chapter 2 Lab-chapter 5-skull, facial/cranial, list each bone, landmarks, c1-c7
Week 2	Lecture-chapter 2 Lab-chapter 5-sutures, hyoid, finish vertebral column, intervertebral disc, thorax, palpate laminar groove
Week 3	Lecture-chapter 3 Lab-chapter 5, shoulder girdle Lecture-chapter 3 finish

Week	Chapter/Topic/Lab
	Lab-chapter 5- humerus
Week 4	Lecture-chapter 4 Lab-chapter 5-forearm, wrist, hand Lecture-chapter 4 Lab-chapter 5-finish/review ue
Week 5	Lecture-chapter 6 Lab-chapter 5-coxal bones Lecture-chapter 6 pgs. 126-129 Lab-chapter 5-femur, tibia, fibula
Week 6	Lecture- chapter 6 pgs. 129-139 Lab-chapter 5-foot and review Lecture-chapter 6
Week 7	Lecture-chapter 7, neuroglia pg. 172 Lab-chapter 5-special movements Lecture-chapter 7 cranial and spinal nerves Lab-chapter 5-finish joint mvts and rom
Week 8	Lecture-chapter 7 pg. 179 impulse Lab-chapter 6 muscles, face
Week 9	Lecture-chapter 7 PNS-end Lab-Neck Lecture-chapter 9 Lab-chapter 6- chest, abdomen
Week 10	Lecture-chapter 9 Lab-chapter 6 Lecture-chapter 10

Week	Chapter/Topic/Lab
	Lab-chapter 6-upper arm
Week 11	Monday lecture-chapter 10 Lab-chapter 6-forearm Wednesday lecture-chapter 11 Lab-chapter 6-pelvic girdle
Week 12	Lecture-chapter 11 Lecture-chapter 12 Lab-chapter 6-glutes, lateral rotators
Week 13	Lecture-chapter 12 Lab-neck muscles Lecture-chapter 13 Lab-chapter 6-thigh
Week 14	Lecture-chapter 14 Lab-chapter 6-leg
Week 15 12/3	Lecture-chapter 15 Lab-chapter 6-leg Lecture-review
Week 16	Finals