



# STARK STATE COLLEGE

## GENERAL SYLLABUS

### Course Information

**Course Name:** Massage Therapy V  
**Course Number:** MAS226

### Required Materials

**Textbook(s):** Salvo, S. G. (2023). *Massage therapy: Principles and practice* (7th ed.). Elsevier.  
**Required Readings:** See weekly calendar below.  
**Additional Materials:** No additional materials are required for the course.

### Course Outline/Calendar

The date of coverage and order of coverage may be modified based on the faculty member and events beyond the control of faculty members that interfere with class times and teaching.

Week	Chapter/Topic/Lab
<b>Week 1</b>	Ohio Scope of Practice Salvo Chapters 2-The therapeutic relationship, 3-Tools of the trade. Chapter 19-Skeletal and Chapter 20-Muscular system conditions & relevance to the massage therapist
<b>Week 2</b>	Salvo Chapters 4-Career longevity, 7-Body mechanics Skeletal and Muscular conditions & relevance to the massage therapist continued
<b>Week 3</b>	Salvo Chapter 5-Evidence-informed practice and research literacy Chapter 22-Integumentary and Chapter 23-Nervous system conditions & relevance to the massage therapist
<b>Week 4</b>	Salvo Chapter 6-Massage therapy research Integumentary and Nervous system conditions & relevance to the massage therapist continued
<b>Week 5</b>	Salvo Chapters 8-Massage techniques, 9-Concepts of disease Chapter 24-Endocrine and Chapter 25-Reproductive system conditions & relevance to the massage therapist
<b>Week 6</b>	Salvo Chapters 10-Professional standards, 11-Special populations

<b>Week</b>	<b>Chapter/Topic/Lab</b>
	Endocrine and Reproductive system conditions & relevance to the massage therapist continued
<b>Week 7</b>	Salvo Chapter 12-Hydrotherapy Chapter 26-Cardiovascular and Chapter 27-Lymphatic system conditions & relevance to the massage therapist
<b>Week 8</b>	Salvo Chapter 13-Foot reflexology Cardiovascular and Lymphatic system conditions & relevance to the massage therapist continued
<b>Week 9</b>	Salvo Chapter 14-Clinical massage
<b>Week 10</b>	Salvo Chapter 14 continued
<b>Week 11</b>	Salvo Chapter 15-Seated massage Chapter 28-Respiratory and Chapter 29-Digestive system conditions & relevance to the massage therapist
<b>Week 12</b>	Salvo Chapter 16-Asian bodywork therapy Respiratory and Digestive system conditions & relevance to the massage therapist continued
<b>Week 13</b>	Chapter 30-Urinary system conditions & relevance to the massage therapist
<b>Week 14</b>	In class practice MBLEX
<b>Week 15</b>	Review for final
<b>Week 16</b>	<b>FINAL EXAM Comprehensive</b>