



Stark State
COLLEGE

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GENERAL SYLLABUS

Course Information

Course Name: Concepts of Nursing Practice in the Care of Patients with Mental Illness Issues
Course Numbers: NSG141; NSG141L; NSG141C

Required Materials

Textbook(s): Videback, S. (2023) *Psychiatric – Mental Health Nursing* (9th) [CoursePoint+ digital textbook]. Wolters Kluwer. <https://thepoint.lww.com/> ISBN-13: 978-1-975184-77-3 with Lippincott’s Complete Digital Package

Required Readings: See weekly calendar below all reading assignments are from Videbeck’s text listed above

Additional Materials: None

Clinical Experience

The clinical experiences in this course are delivered to meet the course objectives.

Course Outline/Calendar

The date of coverage and order of coverage may be modified based on the faculty member and events beyond the control of faculty members that interfere with class times and teaching.

Week	Chapter/Topic/Lab
Week 1	Introduction to concepts of Psychiatric Mental Health Nursing Review course Syllabus and location of assignments Overview of expectations and requirements for NSG 141 lectures, labs, and clinicals Lecture and discussion for developing and using Therapeutic Communication skills Required Reading Videback: Chapter 1 Foundations of Psychiatric-Mental Health Nursing Chapter 2 Neurobiologic Theories and Psychopharmacology Chapter 3 Psychosocial Theories and Therapy Chapter 4 Treatment Settings and Therapeutic Programs Chapter 5 Therapeutic Relationships Chapter 6 Therapeutic Communication Chapter 7 Client’s Response to Illness Chapter 8 Assessment

Week	Chapter/Topic/Lab
	<p>Chapter 9 Legal and Ethical Issues</p> <p>Lab content: Therapeutic Communication, Values, Values Activity, Interaction Analysis Worksheet</p>
Week 2	<p>Practice math test, Discussion of the history of mental illness treatments, Stress and coping strategies, Defense Mechanisms, Using assertive communication skills, practice using Therapeutic communication skills</p> <p>Required Reading Videback: Chapter 13 Trauma and Stressor-Related Disorders Chapter 14 Anxiety and Anxiety Disorders Chapter 15 Obsessive-Compulsive and Related Disorder Chapter 18 Personality Disorders Chapter 20 Eating Disorders Chapter 21 Somatic Symptom Illnesses</p> <p>Lab content: Passive, Aggressive and Assertive Communication with video examples, Review Interactional Annalysis Worksheet, OCD video examples and classroom discussion</p>
Week 3	<p>Math Test Discussion of Mood, Affect and Behaviors; Anxiety Disorders; Approaches to dealing with anger, aggression and violence; Self-Understanding and Personality Types</p> <p>Required Reading Videback: Chapter 17 Mood Disorders and Suicide Chapter 11 Anger Hostility and Aggression Chapter 12 Abuse and Violence</p> <p>Lab content: Defense Mechanisms handouts/discussion with examples, Self –Awareness and Self-Awareness Activity sheet</p>
Week 4	<p>Midterm Exam – Psychiatric Mental Health Substance and Alcohol abuse; Dealing with Grief, Loss, Death and Dying; Suicide and dealing with suicidal ideation, Presentations of Therapeutic Art Boxes</p> <p>Required Reading Videback: Chapter 10 Grief and Loss Chapter 19 Addiction Chapter 22 Neurodevelopmental Disorders Chapter 24 Cognitive Disorders</p> <p>Lab content: Therapeutic Art Box, Suicide videos and disscussion, Suicide Worksheet, Grief and Loss, Obituary writing group activity</p>
Week 5	<p>APA Paper assignment Videbeck Course Point+ vSim for RN – Mental Health</p>

Week	Chapter/Topic/Lab
	<p>Discussion of Dementias and Eating Disorders; Schizophrenia</p> <p>Required Reading Videback: Chapter 2 Neurobiologic Theories and Psychopharmacology Chapter 16 Schizophrenia</p> <p>Lab content: Mental Health vSims</p>
Week 6	<p>Psychiatric Drug Test</p> <p>Required Reading Videbeck Course Point+ vSim for RN – Mental Health Discussion on Types of Abuse and addictions, further discussion on dealing with Grief, types of Grief, PTSD</p> <p>Lab content: Mental Health vSims</p>
Week 7	<p>NCLEX RN Mental Health Exam – Lippincott Videbeck Course Point+ vSim for RN – Mental Health assignment due for completion</p> <p>Lab content: vSim for RN – Mental Health assignment due for completion</p>
Week 8	NSG 141 Psychiatric Mental Health Nursing - Final Exam