



STARK STATE COLLEGE

GENERAL SYLLABUS

Course Information

Course Name: Psychosocial Aspects in Occupational Therapy
Course Number: OTA123

Required Materials

Textbook(s): Cynthia Meyer, Cortney S. Sasse, Mental Health Concepts and Techniques for Occupational Therapy, 6th ed. (Lippincott Williams & Wilkins 2024)

American Occupational Therapy Association. (2020). *Occupational therapy practice framework: Domain and process* (4th ed.). American Journal of Occupational Therapy, 74 (Suppl. 2)

Required Readings: See weekly calendar below
Additional Materials: None

Course Outline/Calendar

The date of coverage and order of coverage may be modified based on the faculty member and events beyond the control of faculty members that interfere with class times and teaching.

Week	Chapter/Topic/Lab
1	Reading assignments and topics: Chapter 1, History and Theory; Chapter 2, Medical & Psychological Models(Meyer&Sasse) Framework (AOTA)
2	Reading assignment and topic: Chapter 3, Practice Models in Occupational Therapy (Meyer&Sasse)
3	Reading assignment and topic: Chapter 15, Therapeutic Use of Effective Communication (Meyer&Sasse)
4	Reading assignment and topic: Chapter 9, Safety Techniques (Meyer&Sasse)
5	Reading assignments and topics: Chapter 5, Human Occupation and Mental Health through the Life Span; Chapter 4, Psychiatric Diagnosis Common Behaviors Symptoms (Meyer&Sasse) Framework(AOTA)
6	Reading assignment and topic: Chapter 8, Psychotropic Medications (Meyer&Sasse)(AOTA Prep Exam)
7	Reading assignments and topics: Chapter 18, Anxiety; Chapter 19, Depression/Mania; Chapter 20, Psychosis; Chapter 21, Cognitive Decline; Chapter 22, Anger/Hostility (Meyer&Sasse)
8	Reading assignments and topics: Chapter 10, Using Evidence; Occupational Therapy Standards of Practice (Meyer&Sasse) (AOTA)
9	Reading assignment and topic: Chapter 12, Psychosocial Assessments (Meyer&Sasse)
10	Reading assignment and topic: Chapter 6, Methods and Models of Interaction & Intervention (Meyer&Sasse) (AOTA)
11	Reading assignment and topic: Chapter 7, Service Areas, Environments (Meyer&Sasse)(AOTA)

Week	Chapter/Topic/Lab
12	Reading assignment and topic: Ch. 14, Matching Interventions (Meyer&Sasse)
13	Reading assignment and topic: Chapter 17, Biopsychosocial-Emotional Regulation (Meyer&Sasse) (AOTA)
14	Reading assignment and topic: Chapter 11, Professionalism (Meyer&Sasse)
15	Topic: Review Occupational Therapy Treatments and Theories in Mental Health Practice (Meyer&Sasse)
16	Final Exam