



# STARK STATE COLLEGE

## GENERAL SYLLABUS

### Course Information

**Course Name:** Human Growth and Development  
**Course Number:** PSY123

### Required Materials

**Textbook(s):** Riser, D., Spielman, R., & Biek, D. (2024). *Lifespan development*. OpenStax.  
<https://openstax.org/details/books/lifespan-development>

**Required Readings:**

**Additional Materials:**

### Course Outline/Calendar

The date of coverage and order of coverage may be modified based on the faculty member and events beyond the control of faculty members that interfere with class times and teaching.

#### 16-week Calendar

Week	Chapter/Topic/Lab
1	Chapter 1 Lifespan Psychology and Developmental Theories
2	Chapter 3 Physical and Cognitive Development in Infants and Toddlers Chapter 4 Social and Emotional Development in Infants and Toddlers
3	Chapter 5 Physical and Cognitive Development in Early Childhood Chapter 6 Social and Emotional Development in Early Childhood
4	Exam
5	Chapter 7 Physical and Cognitive Development in Middle Childhood Chapter 8 Social and Emotional Development in Middle Childhood
6	Chapter 9 Physical and Cognitive Development in Adolescence
7	Chapter 10 Social and Emotional Development in Adolescence
8	Exam
9	Chapter 11 Physical and Cognitive Development in Early Adulthood Chapter 12 Social and Emotional Development in Early Adulthood
10	Chapter 13 Physical and Cognitive Development in Middle Adulthood
11	Chapter 14 Social and Emotional Development in Middle Adulthood
12	Exam
13	Chapter 15 Physical and Cognitive Development in Late Adulthood
14	Chapter 16 Social and Emotional Development in Late Adulthood
15	Chapter 17 Death, Dying, and Grieving
16	Final Exam

#### 8-week Calendar

Week	Chapter/Topic/Lab
1	Chapter 1 Lifespan Psychology and Developmental Theories

Week	Chapter/Topic/Lab
	Chapter 3 Physical and Cognitive Development in Infants and Toddlers Chapter 4 Social and Emotional Development in Infants and Toddlers
2	Chapter 5 Physical and Cognitive Development in Early Childhood Chapter 6 Social and Emotional Development in Early Childhood Exam
3	Chapter 7 Physical and Cognitive Development in Middle Childhood Chapter 8 Social and Emotional Development in Middle Childhood Chapter 9 Physical and Cognitive Development in Adolescence
4	Chapter 10 Social and Emotional Development in Adolescence Exam
5	Chapter 11 Physical and Cognitive Development in Early Adulthood Chapter 12 Social and Emotional Development in Early Adulthood Chapter 13 Physical and Cognitive Development in Middle Adulthood
6	Chapter 14 Social and Emotional Development in Middle Adulthood Exam
7	Chapter 15 Physical and Cognitive Development in Late Adulthood Chapter 16 Social and Emotional Development in Late Adulthood
8	Chapter 17 Death, Dying, and Grieving Final Exam