



STARK STATE COLLEGE

GENERAL SYLLABUS

Course Information

Course Name: PTA Procedures II Ortho
Course Number: PTA224

Required Materials

Textbook(s): Kisner, Colby and Borstad. *Therapeutic Exercise Foundations and Techniques*. 8th Ed. FA Davis 2023

Required Readings: See below

Additional Materials: TheraBand Kit and Goniometers purchased in Stark State Bookstore

Course Outline/Calendar

The date of coverage and order of coverage may be modified based on the faculty member and events beyond the control of faculty members that interfere with class times and teaching.

Week	Chapter/Topic/Lab
Week 1	<p>Class Overview</p> <p>Overview of Orthopedics</p> <p style="padding-left: 20px;">Handout: A</p> <p style="padding-left: 20px;">K&C: pp. 12-22 - Therapeutic Exercise: Foundational Concept</p> <p>Orthopedic Decision Making & Management</p> <p style="padding-left: 20px;">Handout: B</p> <p style="padding-left: 20px;">K&C: Ch. 10 - Soft Tissue Injury, Repair, and Management</p> <p>Surgical Procedures</p> <p style="padding-left: 20px;">Handout C</p> <p style="padding-left: 20px;">K&C: Ch. 12 - Surgical Interventions and Postoperative Management</p> <p>Tissue Review</p> <p style="padding-left: 20px;">Handout D</p> <p style="padding-left: 20px;">K&C Ch. 11 - Joint, Connective Tissue, and Bone Disorders and Their Management</p>

Week	Chapter/Topic/Lab
Week 2	Tissue Review continued Handout D K&C Ch. 11 -Joint, Connective Tissue, and Bone Disorders and Their Management Hip Conditions Handout E K&C Ch. 20 - The Hip
Week 3	Knee Conditions Handout F K&C Ch. 21 – The Knee
Week 4	Knee Conditions Handout F K&C Ch. 21 – The Knee
Week 5	Foot and Ankle Conditions Handout G K&C Ch. 22 - The Ankle and Foot
Week 6	Shoulder Conditions Handout H K&C Ch. 17 – The shoulder and Shoulder Girdle
Week 7	Shoulder Conditions Handout H K&C Ch. 17 – The shoulder and Shoulder Girdle
Week 8	Elbow/Wrist/Hand Conditions Handout I & J K&C Ch. 18 - The Elbow and Forearm Complex, 19 - The Wrist and Hand
Week 9	Conditions of the Lumbar Spine and Sacro-Iliac Joint Handout K K&C Ch. 14 – 16 – The Spine
Week 10	Inflammatory Rheumatological Conditions Handout L K&C pp. 350-354,466,486, 573,706-708, 745-748, 803, 887-888 - Joint, Connective Tissue, and Bone Disorders and Their Management
Week 11	Appointments with students as needed.